

**Paper 1: “Adverse Effects of Cosmetics and Proprietary products used by females”**

***Dr. Hisham Arda, MD, PhD, Consultant Dermatologist Nablus, Palestine***

In this paper I aim to focus on an important issue to every female in our community, as each one is using many brands of cosmetics at certain stage of her life; sunscreens, whitening agents, anti-aging products and hair-care preparations.

During my practice I, as well as other colleagues, usually meet many types of skin ailments related to misuse of these products on a daily basis.

Our market is overcrowded with a countless number of these products and many of them are not under scientific observation or control.

In this lecture I will show samples of such accidents such as contact dermatitis, chemical burns, post inflammatory pigmentation and permanent loss of hair. At the same time I'll try to evaluate the size of the problem in our community and discuss how to distinguish these complications.